

**GRANTEE:** **Northern Arapaho Tribe Business Council**

**PROGRAM TITLE:** Northern Arapaho Home Visiting Program

**PROGRAM PERIOD:** Cohort 1 (September 30, 2010 to September 29, 2015)

### KEY GRANTEE PROGRAM STAFF

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### GOAL OF THE PROGRAM

The goal of the Northern Arapaho Home Visiting Program is to improve outcomes—physical, intellectual, and emotional—for American Indian (AI) children residing on the Wind River Indian Reservation (WRIR). This work helps to ensure that AI children and their families are healthy, successful, and happy.

### COMMUNITY CONTEXT FOR THE PROGRAM

<b>State:</b>	Wyoming	
<b>Rural or Urban/Reservation or Non-Reservation:</b>	Rural Reservation	
<b>Description of Service Area:</b>	The Wind River Indian Reservation is located in the Wind River Basin in central Wyoming, which is nestled between the Wind River Mountain Range, Owl Creek Range, and Absaroka Range. The reservation is over 2,000,000 acres and is comprised primarily of plains and foothills.	
<b>Births Per Year:</b>	Approximately 400 births occurred among AI women on the Wind River Indian Reservation in 2010.	
<b>Children Ages Birth to 5 Years in Target Community:</b>	1,716 children, ages birth to 5, live on the reservation.	
<b>Unique Characteristics of Target Community:</b>	The Wind River Indian Reservation is inhabited by the Eastern Shoshone and the Northern Arapaho Tribes. These are 2 very distinct communities and cultures. The Tribes maintain separate but overlapping governmental entities.	
<b>Key Community Partners:</b>	<ul style="list-style-type: none"> <li>• Wind River Indian Health Service</li> <li>• Northern Arapaho TANF</li> <li>• Sho-Rap Lodge</li> <li>• Eastern Shoshone TANF</li> </ul>	<ul style="list-style-type: none"> <li>• Northern Arapaho Child Protection Services</li> <li>• Wind River Community Health Center</li> <li>• Eastern Shoshone Tribal Health</li> </ul>

## COMMUNITY CONTEXT FOR THE PROGRAM (continued)

<b>Key Community Partners:</b>	<ul style="list-style-type: none"> <li>• Arapaho Charter High School</li> <li>• Northern Arapaho Tribal Indian Child Welfare</li> <li>• Northern Arapaho Vocational Rehabilitation</li> <li>• Smoking Cessation Program</li> <li>• Fremont County Public Health</li> <li>• Eastern Shoshone Child Protection Services</li> <li>• Northern Arapaho Tribal Health</li> <li>• Eastern Shoshone Indian Child Welfare</li> <li>• Shoshone and Arapaho Tribal Court</li> <li>• Eastern Shoshone Recovery Center</li> <li>• Fremont County Coroner's Office</li> </ul>
<b>Primary Risk Factors in Target Community:</b>	<p>The primary health and social risk factors of the target community include:</p> <ul style="list-style-type: none"> <li>• substance abuse</li> <li>• childhood obesity</li> <li>• diabetes</li> <li>• low educational achievement</li> <li>• firearm possession</li> <li>• lack of HIV/AIDS education</li> <li>• domestic and intimate violence</li> <li>• criminal issues resulting in incarceration in jail or prison</li> </ul>

## PROGRAM DELIVERY CONTEXT

<b>Organization Type Administering the Program:</b>	The Northern Arapaho Tribe is a federally recognized Tribe.
<b>Implementing Agency:</b>	The Northern Arapaho Business Council
<b>Target Population:</b>	<p>The Northern Arapaho Home Visiting Program will serve participants in the following priority groups:</p> <ul style="list-style-type: none"> <li>• unmarried pregnant teens and teen mothers</li> <li>• women of any age who are pregnant and will be first time mothers</li> <li>• women who are pregnant with a second or third child less than 6 months after an older child's birth</li> <li>• families with an infant or child under age 3 who has been diagnosed with a serious medical condition or developmental delay</li> <li>• women who are pregnant who have been identified with a medical condition that puts an infant at higher risk for maltreatment or neglect (e.g., alcoholism, drug abuse, psychiatric illness or chronic illness)</li> <li>• parents who have a child or children under the age of 3 who have regained custody of their children after court-ordered removal</li> </ul>
<b>Target and Actual Numbers Served:</b>	The goal is to serve 40 families at any given time.



## HOME VISITING MODEL SELECTED

The Northern Arapaho Home Visiting Program chose the Parents as Teachers (PAT) model of home visiting.

## KEY MODEL ADAPTATIONS OR ENHANCEMENTS

The Northern Arapaho Home Visiting Program did not propose any formal enhancements to the PAT curriculum during the initial year. However, they have incorporated a number of culturally based aspects into their implementation approach. They will include the historical, cultural, and traditional values of Native Americans into the Group Connections component of PAT and will include Elders and traditional people as story tellers and guides for some activities.

## DESCRIPTION OF EARLY CHILDHOOD SYSTEM

The Northern Arapaho Home Visiting Program will work closely with other agencies on the reservation that are part of a structured network of supportive systems. These systems promote the health, well-being, and safety of infants and young children in order to increase linkages, referral, and information sharing. The Northern Arapaho Home Visiting Program will work collaboratively to develop a system of care that ensures that children do not slip through the cracks and that at-risk infants and children receive the attention and the services needed to protect them from adverse outcomes and promote positive outcomes.

## EVALUATION APPROACH

### Evaluation Question

Do primary caregivers who receive PAT home visiting services report lower levels of parenting stress than primary caregivers receiving services only through Women, Infants, and Children (WIC) program?

### Evaluation Design

The evaluation will employ a quasi-experimental design. A comparison group will be recruited from the local WIC program. Data will be collected on parenting stress at four points in time from both the treatment and comparison groups. Interviews with program participants will also be conducted to understand participant perceptions of the program and its impact on their parenting stress.

## KEY FEDERAL AND TECHNICAL ASSISTANCE (TA) STAFF:

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